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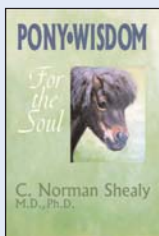
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NEW RELEASES



Pony Wisdom

Inspirational

by **C. Norman Shealy, M.D., Ph.D.**

Several years ago C. Norm Shealy had the great fortune of being introduced to a remarkable woman who provided him with more answers to important existential questions than any of the world-renowned philosophers. In order to discuss her philosophy, she has been called Dolly and the symbol of a pony, Muffy, is the teacher. The message? This is a dream. There is no time. Forgive all. Love. Awaken to the reality of Heaven.

978-1-931942-63-8 • 5-1/4 x 8 • illus. • 136 pgs. • \$12.95



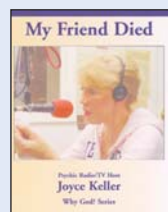
Heartwings

Spirituality

by **Tasha Halpert**

This heartwarming book brings a breath of sunshine against the cold of any day and gently reveals a deeper level of understanding for all to hear. It provides a clear path for anyone concerned with personal self-development. You are led on an introspective journey to a greater sense of realization, joy, and inner peace.

1-931942-35-8 • 6 x 9 • illus. • 154 pgs. • \$12.95



My Friend Died by Joyce Keller

Spirituality

The pain we experience when we lose loved ones can seem insurmountable. This book was written as a message from the heart. It offers healing and renewal of the human spirit. Here is a loving path of emotional support and inspiration. "You don't believe in God? Read this. Read it even if you do believe. You may be surprised."—Regis Philbin

978-1-931942-36-2 • 4-1/4 x 5-1/2 • illus. • 32 pgs. • \$5.95

Companion CD \$5.95 • Book and CD \$9.95



Monsters Among Us

Paranormal

by **Brad Steiger**

Brad Steiger has carefully and thoroughly culled the stories, legends, and research about lake creatures, ape men, werewolves, and other frightening creatures. In this one comprehensive volume, Steiger sets forth the accounts he collected, the proof he uncovered, and the things he cannot explain. "This book contains material you will not find anywhere else."—Loren Coleman

1-931942-33-1 • 6 x 9 • illus. • 236 pgs. • \$14.95



World War II on the Home Front

History

by **James H. Kent**

Surprisingly, very few people remember the hard times of living in America during World War II. We were very limited as to food and other commodities, and we lived in constant fear of being bombed. How can anyone forget that? Kent remembers running through the streets in total darkness while the air raid sirens blared and listening for the shrill screams of the falling bombs.

1-931942-34-X² • 5-1/4 x 8 • illus. • 96 pgs. • \$10.95

NEW RELEASES

Friends and Mates in Fifty States

Children

by **Ellen Weisberg, Ph.D., and Ken Yoffe, M.D.**

In this book, you'll meet five adventurous friends who will help you learn about the land, cities, animals, and other wonderful things in each of the 50 states in the U.S.A. Along the way you'll also meet 50 other friends of theirs, and they will teach you about their home states. These 50 friends are very special, because they are named after the capital cities of their states.

978-1-931942-40-9 • 6 x 9 • full-color • 102 pgs. • \$16.95



Remembering: The Awakening of the Human Family

Spirituality

by **Carol Ann Kinlicheenie**

Tap within you the universal energies that shape human history! In this incomparable guidebook for spiritual evolution, readers learn how to reclaim their God-given abilities otherwise suppressed and neglected in the modern world.

Channeling from the higher wisdom of an enlightened being, author Carol Ann Kinlicheenie provides an empowering vision for a new millennium.

978-1-931942-41-6 • 6 x 9 • 90 pgs. • \$10.95



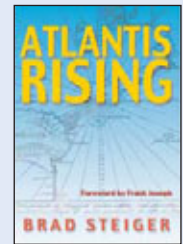
Atlantis Rising

Alternative Science

by **Brad Steiger**

Startling similarities in technology and culture among peoples who never could have seen each other? Universal myths of a great flood and a race of gods? Superhighways in countries that had no wheels? Unifying all these and other mysterious facts is the legend of Atlantis, an all-powerful civilization—before the rise of man!

1-931942-32-3 • 6 x 9 • 193 pgs. • \$14.95



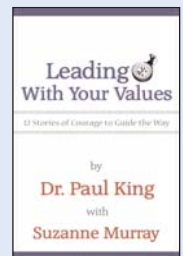
Leading with Your Values

Business

by **Paul King with Suzanne Murray**

There is a leader in all of us. We all have an enormous ability to make a positive difference—if we can just find the courage to lead. Readers will discover leaders during the defining moments of their careers and watch as they pursue missions with unwavering determination, handle challenges with grace, and support colleagues and staff in difficult times when it might be easier to abandon them.

978-1-931942-42-3 • 5-1/4 x 8 • 122 pgs. • \$12.95



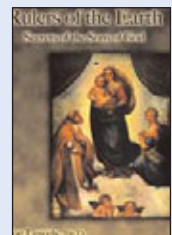
Rulers of the Earth

UFOs

by **Joe Lewels, Ph.D.**

From Sumerians and Egyptians to Native Americans to the indigenous peoples of the Amazon, Central America, or even Africa, the concept is the same. It has always been known that there are beings more advanced than the human race who have been involved with the Earth and its inhabitants since the beginning. Today, we call these beings aliens or extraterrestrials and we call their craft unidentified flying objects: UFOs.

978-1-931942-37-9 • 6 x 9 • illus. • 252 pgs. • \$19.95



NEW RELEASES



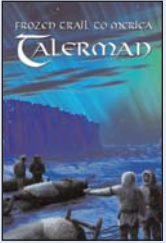
I Said I'll Go

Personal History

by **Kathryn Hallquist**

In other countries, a parent needs a court order to take children out of the country against the will of the other parent. But in the U.S., the other parent needs a court order to prevent it. Kathryn has written this book so that others will become aware of their rights regarding children and of the shocking legal situation that exists here in America. This true story will haunt you.

978-1-931942-44-7 • 6 x 9 • 176 pgs. • \$12.95



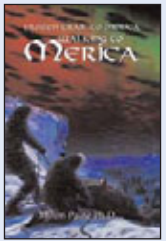
Frozen Trail to Merica: 1. Talerman

Historical Fiction

by **Myron Paine, Ph.D.**

This book solves not only the mysterious disappearance of Norse from the Western Settlement of Greenland in the 1300s, but also deciphers Delaware (Lenape) Indian history found to have been written in Old Norse. The fictional plot is based on chapter 3 of the Walam Olum, a manuscript of pictograms and verses first published in 1836 based on engravings on bark given in payment for treatment to a Dr. Ward of Indiana by an old Leni Lenape Indian.

978-1-931942-45-4 • 6 x 9 • illus. • 376 pgs. • \$29.95



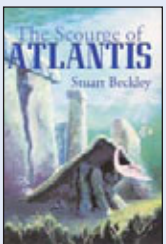
Frozen Trail to Merica: 2. Walking to Merica

Historical Fiction

by **Myron Paine, Ph.D.**

During the Little Ice Age, ancestors of the Algonquin-speaking-people walked en masse on ice from Norse Greenland to Merica. The book is written in narration to give human scale to an incredible feat that appears beyond man's ability. Is the Walam Olum a real history? Did the ancestors of the ten tribes really come across an eastern salty sea? Maps included.

978-1-931942-46-1 • 6 x 9 • 370 pgs. • \$29.95



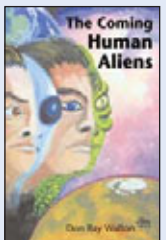
Scourge of Atlantis

Historical Fiction

by **Stuart Beckley**

This historical fiction is a fast-paced recreation of flesh-and-blood characters fighting for the survival of their declining civilization in a struggle that seems all too modern. This lavish portrayal of an opulent, decadent empire, its lusty power-mongers and larger-than-life heroes revives a lost world of cultural splendor stained by blood conquest.

978-1-931942-47-8 • 6 x 9 • 256 pgs. • \$16.95



The Coming Human Aliens

UFOs/Abductions

by **Don Ray Walton**

What if the UFOs carrying the visitors we assume to be aliens were actually godly beings in torment? What if humans hunted these creatures whenever they tried to communicate and explain their situation? The story offers unique perspectives on Roswell, the Azetec crash, the face on Mars, and other revelations. This is the first in a series of tales that will recount the adventures of Chance, a hybrid alien.

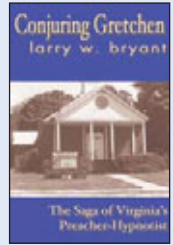
978-1-931942-55-3 • 5-1/4 x 8 • 138 pgs. • \$12.95

NEW RELEASES

Conjuring Gretchen The Saga of Virginia's Preacher-Hypnotist Paranormal by **Larry W. Bryant**

In 1974, a United Methodist minister in a small West Virginia town was using hypnotherapy in his pastoral counseling. That didn't upset the locals too much, but when his wife proclaimed, in a language she did not know, "Gretchen bin ich," the accusations and persecution began.

978-1-931942-49-2 • 5-1/4 x 8 • 90 pgs. • \$10.95

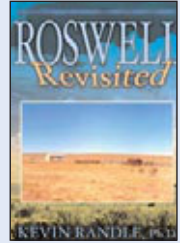


Roswell Revisited by **Kevin Randle, Ph.D.**

UFOs

What was it? Why to this day does the Air Force refuse to admit what it really was? Why the lame explanations that explain nothing? Today, we know more. We have overcome much of the confusion of the last decade, and we have some very strong evidence. Now we need to finish the job, learning exactly what fell, and letting the world in on the greatest secret of the last 1,000 years.

978-1-931942-50-8 • 6 x 9 • illus. • 182 pgs. • \$12.95

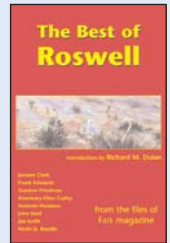


The Best of Roswell from the files of FATE magazine The editors of FATE

UFOs

The UFO crash at Roswell, N.M., in 1947 is examined by ufology's greatest authorities. Articles have been chosen from the last 59 years of FATE magazine covering all aspects of the incident. Here are the findings and opinions of Stanton Friedman, John Keel, Jerome Clark, Jim Keith, Frank Edwards, Kevin Randle, Antonio Huneus, and others.

978-1-931942-54-6 • 6 x 9 • illus. • 244 pgs. • \$14.95



Graven Images Oracle Kit by **Katharine Clark and Natalie Zaman**

Divination

"Here is a refreshing change from the many variations on the Rider-Waite Tarot Deck. It is a brand-new yet ancient-feeling set of images, producing accurate readings that are spot on. Of the multitude of new decks appearing annually, the Graven Images Oracle stands above the rest—on an ancient-yet-new pedestal of distinction."—Ray Buckland

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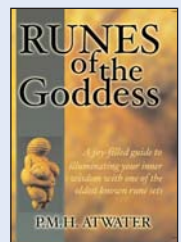


Goddess Rune Kit by **P.M.H. Atwater**

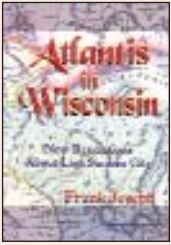
Divination

The picture script created by the first peoples of Old Europe was given the name "runes." The elder glyphs retained their association with the great goddess and the veneration of home, family, and nature. Freely cast, they emulate flowing patterns and feelings in the dance of life. The secret to using the elder runes is feeling and trust.

978-1-931942-52-2 • 14 stones • casting cloth • book • 6 x 9 • 163 pgs. • illus. • \$29.95 • Companion 1-hr. CD \$17.95



ALTERNATIVE SCIENCE



Atlantis in Wisconsin: New Revelations About Lost Sunken City

by Frank Joseph

Long before the Vikings landed on the North American continent, there was an ancient civilization in Wisconsin. Joseph writes a compelling archaeological history about this lost Bronze Age culture found beneath the depths of Rock Lake—a culture the evidence suggests had a lively copper trade with the lost continent of Atlantis! An exciting voyage into our pre-Columbian heritage.

1-880090-12-0 • 6 x 9 • illus. • 224 pgs. • \$14.95

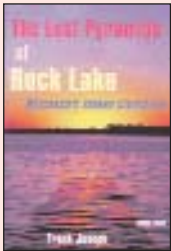


Home of the Gods

by Hugh Fox

Does the landscape of classical Hindu myth coincide with the geography of South America? Is Mount Meru, the Mount Olympus of Hindu legend, actually Bolivia's Tiawanaku mountain? How is the language of the Incas related to Sanskrit? Here is a entirely new way of looking at the New World prior to Columbus. Here the journey begins...to the Home of the Gods.

1-931942-05-6 • 6 x 9 • illus. • 272 • pgs. • \$16.95



The Lost Pyramids of Rock Lake: Wisconsin's Sunken Civilization

by Frank Joseph

Among the rolling hills and serene waters of Wisconsin lies a sunken mystery and proof of a sophisticated Bronze Age civilization lost in time. Joseph explores the hidden mysteries of an advanced society that once thrived a thousand years before Columbus. Follow his fascinating endeavors to unearth the story of this once-great civilization and its ties to Atlantis.

1-931942-01-3 • 6 x 9 • illus. • 252 pgs. • \$15.95

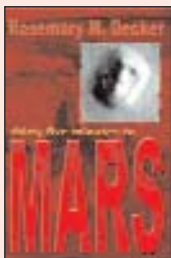


Mars/Earth Enigma: A Sacred Message to Mankind

by DeAnna Emerson

Aliens visited both Mars and Earth in the distant past. The symbols inscribed on the Great Face of Mars seem to relate to ancient Goddess-worshipping societies and the formation of crop circles here on Earth. These phenomena are the work of a highly sophisticated civilization and create an enigmatic bridge between heaven and Earth. Learn the secrets of this mysterious message!

1-880090-18-X • 6 x 9 • illus. • 320 pgs. • \$19.95



Thirty-five Minutes to Mars

by Rosemary M. Decker

Strange anomalies have been found on the Martian surface by telescopes and probes. Many of them are evidently constructs of intelligent design. What's behind the mystery of the disappearing canals? What is the lunar link between Mars and Earth? In the future, explorers will reach Mars in less than an hour using gravity control. What will they find there?

1-931942-04-8 • 6 x 9 • illus. • 204 pgs • \$14.95

HEALTH

Natural Pet Healing

by **Von Braschler**

This step-by-step guide explores natural ways people and their pets can help each other heal. With exercises and research on energy healing aspects of pets, plants, and people, *Natural Pet Healing* offers a wide variety of healing techniques including pet massage, healing hands, distance healing, chakras, healing stones, light, energy exchange, and much, much more.

1-931942-07-2 • 6 x 9 • illus. • 158 pgs. • \$12.95

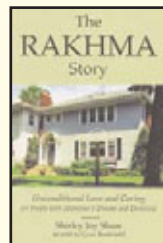


The Rakhma Story:

Unconditional Love and Caring for People with Alzheimer's Disease and Dementia

by **Shirley Joy Shaw, as told to Lynn Baskfield**

The *Rakhma Story* is the heartwarming journey of a courageous woman struggling to provide a safe, warm, and dignified approach to helping those with Alzheimer's. It details how she set up a long-term home environment to give lives back to patients suffering from the debilitating diseases of old age.



Third Party Rape: The Conspiracy to Rob You of Health Care

by **C. Norman Shealy, M.D., Ph.D.**

Armed with statistics and diligently recorded research, the "Evil Empire" of the disease care industry is exposed, and its pitfalls and gauntlets are unveiled to the countless number of helpless patients. This book is an eye-opener and a treasury of knowledge when confronting a distant and impersonal kingdom. Detailed steps for safeguarding your health and avoiding high medical costs.

1-880090-07-4 • 6 x 9 • illus. • 242 pgs • \$12.95

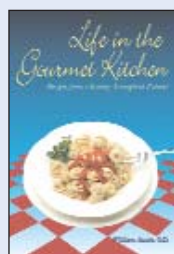


COOKBOOKS

Life in the Gourmet Kitchen: Recipes From a Kidney Transplant Patient by **William Austin, O.D.**

With advancing age, dietary restrictions force one to adopt eating patterns that help promote good nutrition, prevent new health risks, and regulate your current health status. Austin has developed a simple method of adhering to a diet. It involves proper food selections and shopping, using healthy food preparation methods, and choosing appropriate serving sizes and number of servings. Easily understood by anyone. Mouth-watering recipes included.

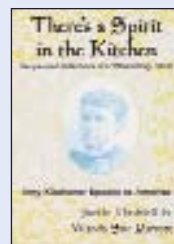
1-931942-31-5 6 x 9 192 pgs. \$14.95



There's a Spirit in the Kitchen: Recipes and Reflections of a 19th-Century Ghost

by **Jackie Dashiell and Wanda Sue Parrott**

This is the most unusual cookbook in the world: a collection of delicious recipes and practical kitchen tips as dictated by the spirit of a woman who died over 100 years ago. Amy Kitchener, patriot, housewife, and spirit, communicated the manuscript to the authors in the early 1970s, producing a book full of useful, tasty 19th-century foods and tips as appropriate today as they were then.





The Awful Thing in the Attic

by Brad Steiger

From the master of the haunted and the unexplainable comes a ghostly, ghastly, terrifying collection of true accounts of the weird side of existence. Visit a dark shadow-world populated by ghosts, extraterrestrials, and nameless beings. Read about the vicious devil of Borley, the terrible flying jelly bags, the horrible hag, more. And whatever you do, don't read these true stories alone on a dark night!

1-880090-17-1 • 6 x 9 • illus. • 192 pgs. • \$12.95



Ghosts of the Air True Stories of Aerial Hauntings

by Martin Caidin

Imagine witnessing unexplainable events while piloting a plane thousands of feet in the air. These are real accounts from pilots who have experienced strange phenomena. Landing at an airfield that wasn't there; planes guided by dead pilots; Bermuda Triangle accounts; sightings of aircraft from the past; airfields haunted by airmen killed in action; ghost warning prevents plane crash; more.

1-880090-11-2 • 6 x 9 • hardcover • illus. • 288 pgs. • \$24.95

1-880090-10-4 • 6 x 9 • trade softcover • illus. • 288 pgs. • \$14.95

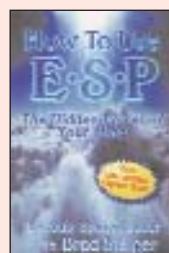


Our Haunted Planet

by John A. Keel

Foremost Fortean investigator John Keel presents a book filled with evidence of the strange and stories of the unusual. He reveals theories about "ultraterrestrials," Men In Black, glass mountains, ancient maps, and advanced civilizations predating the caveman. Are we being manipulated for someone's amusement? For the connoisseur of Fortean phenomena as well as newcomer.

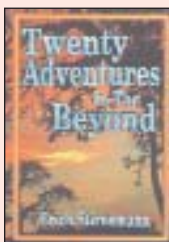
1-880090-16-3 • 6 x 9 • 224 pgs. • \$14.95



How to Use ESP

by Dorothy Spence Lauer, with Brad Steiger

ESP is inherent talent of every human mind, and Lauer offers the key to this amazing ability. Make mental telepathy work, master creative concentration, and destroy negative power. How to Use ESP is a gateway to a higher, more fulfilling life. Learn psychic self-defense, attain goals through visualization, discover the genie within you, master creative concentration, make ESP work for you.



Twenty Adventures in the Beyond

by Eric Stirnemann

If you'd seen a band of elves playing in a field, visited a 19th-century village, or battled against possession by an evil entity, you'd write a book too! Attacked by an Aztec flame god in a museum, watching contented creatures in animal heaven, fighting in WW II as a Japanese, Erich Stirnemann details his experiences with the metaphysical and shares personal stories of the strange and unknown.

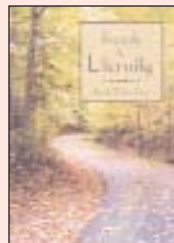
1-880090-39-2 • 6 x 9 • illus. • 96 pgs. • \$12.95

Roads to Eternity

by Sarah Wilson Estep

Roads to Eternity describes the many contacts Sarah Estep has had with the unseen; some claiming to be spirits of the dead, perhaps even from the Akashic Records. Using Electronic Voice Phenomenon (EVP), Estep and researchers around the world record supernatural voices on magnetic tape. Here are step-by-step instructions for contacting the spirit dimension using tape recorders, computers, televisions, and more. Includes free CD of spirit voices.

1-931942-23-4 • 6 x 9 • 278 pgs. • includes free CD • \$16.95



Story in the Snow: Encounters with the Sasquatch

by Lunetta Woods

Living in a 100-year-old farmhouse in Wisconsin, Woods discovers that Bigfoot not only exists, but is a dimension-traveling shapeshifter. Tracks change from deer or rabbit prints to those of a living giant. Bigfoot is not a missing link, but a powerful, ancient being from the stars! The book describes a Bigfoot named Yesoda and answers age-old questions about these magnificent creatures.

1-880090-42-2 • 5-1/4 x 8 • illus. • 96 pgs. • \$10.95



Angel Magic for Love and Romance

by Rosemary Ellen Guiley

Learn simple methods for magically attracting and enhancing love and romance based on angelic intercession. This practical, how-to book provides simple exercises that can be used by anyone to promote creativity and positive thinking, attitudes, and actions. Angel Magic will guide you to a more romantic life. Appendices describe angels of the hours, days, months, seasons, and planets.

1-931942-14-5 • 6 x 9 • illus. • 168 pgs. • \$14.95



Animal Communications

by Jacquelin Smith

Learn to talk with animals. It's easy! Receive animal thoughts in the form of mental images, feelings, and sometimes words. Connect with the personalities and spirits of animals—whether cats and dogs or wild animals. Here's how you can actually talk to gorillas, zebras, lions, and snakes. Our animal friends are clever and complex beings capable of deep emotions. Proof that all life is connected.

1-931942-24-2 • 6 x 9 • illus. • 236 pgs. • \$14.95



Little People

by Ron Quinn

Though well known in Upstate New York, few of us outside of the region have heard the tales and legends of the Little People of the Catskills. Ron Quinn brings you the wondrous stories of these intriguing and mysterious folk. Illustrated with Ron's clever and humorous drawings, these stories are guaranteed to entertain and delight. Have you ever seen one of these wee folk?

1-931942-25-0 • 6 x 9 • illus. • 148 pgs. • \$12.95



PARANORMAL

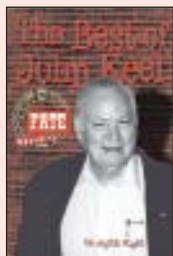


Precipitated Spirit Paintings

by **Ron Nagy**

Precipitated spirit paintings are works of art appearing on canvas without assistance from live human hands. Ron Nagy brings you some of the most fascinating works of spirit art, still like new even after 100 years, from the world-famous Lily Dale Spiritualist Community and elsewhere in this illustrated volume. What message did the spirits send us from the past to be finally discovered today?

1-931942-27-7 • 6 x 9 • full-color plates • 84 pgs. • \$19.95



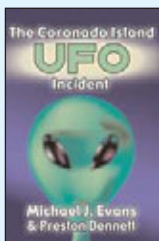
The Best of John Keel Vol. I

by **John Keel**

A collection of the wit and wisdom of Fortean scholar and Mothman maven John Keel from his columns in FATE magazine. Keel tackles the mysteries of the universe in such chapters as “Is There a Ghost in Your Computer?” “Phantom Circuses,” “Dumb Animals and Smart Planets,” “Kooky Spooks,” “The Thunderbird Rises From the Ashes,” and “Who Is on the Moon?” More!

1-931942-30-7 • 6 x 9 • 224 pgs. • \$14.95

UFOs

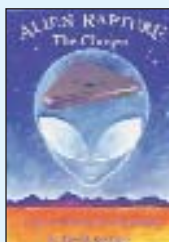


The Coronado Island UFO Incident

by **Michael J. Evans & Preston Dennett**

In 1994, six people were simultaneously abducted from a hotel on Coronado Island, California. While most were able to recall their abduction by “grey-types,” one had retained actual physical proof—an implant. MUFON field investigator Preston Dennett gives eyewitness reports and detailed information about this horrifying event, including medical effects and photographs.

1-931942-29-3 • 6 x 9 • illus. • 224 pgs. • \$14.95



Alien Rapture: The Chosen

by **Edgar Rothschild Fouché & Brad Steiger**

This novel of hidden government agendas was written by a former Air Force intelligence officer and America’s foremost paranormal investigator. Alien Rapture tells of discarded constitutional rights, alien abduction, and genetic manipulation. Based on facts, this is a disturbing look into the eyes of an unethical government and a commentary on the current UFO crisis.

1-880090-50-3 • 6 x 9 • 288 pgs. • \$19.95

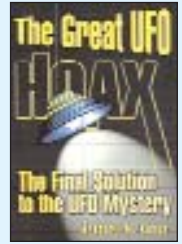
My Encounters With the Light: Jesus and the Janitor
by Myles D. Ferguson

Out-of-body experiences, UFOs, and a wisecracking Jesus are just a few of the things experienced by former janitor Myles Ferguson in Southern California. He shares his experiences and explores the mysteries of karma, reincarnation, and the importance of forgiveness in his quest for truth. Chapters discuss the Essenes, war and karma, Atlantis, and more. Foreword by Wanda Sue Parrott.
1-880090-36-8 • 5-1/4 x 8 • 184 pgs. • \$12.95



The Great UFO Hoax: The Final Solution to the UFO Mystery
by Gregory M. Kanon

What is behind the recent proliferation of movies, books, and articles dealing with UFOs? Gregory Kanon reveals the facts about UFOs, using recently declassified government documents, newspaper accounts, and scientific reports. He exposes the truth about the government disinformation machine. Was Ronald Reagan's mention of ET invasion a metaphor, a prediction, or a setup?
1-880090-41-4 • 6 x 9 • 224 pgs. • \$14.95



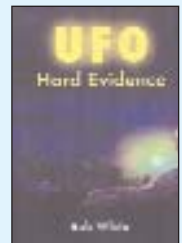
UFO Politics at the White House
by Larry W. Bryant

Jimmy Carter promised that, when elected, he would see that the public learned the truth about UFOs. UFO activist Larry W. Bryant presents the best of the resulting flood of letters to Carter in this startling book. Also included are a foreword by UFO researcher Grant Cameron, the story behind the story, and a survey of UFO-related correspondence from the Truman administration.
1-880090-22-6 • 6 x 9 • 260 pgs. • \$14.95



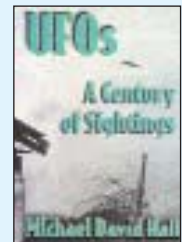
UFO Hard Evidence
by Bob White

While driving from Denver to Las Vegas, Bob White and a traveling companion stopped to look at a strange, bright light. Suddenly, it shot straight up, exploded, and fired a mysterious object into the ground. The object that Bob retrieved was not of this world. From polygrams, to electron microscopy, to metallurgical analysis, here is hard evidence of extraterrestrial activity.
1-931942-20-X • 6 x 9 • illus. • 138 pgs. • includes free CD • \$14.95



UFOs: A Century of Sightings
by Michael David Hall

Focusing on possibly the greatest phenomena of all time, this book documents many fascinating, long forgotten events, from the Kenneth Arnold sighting to the Hopkinsville goblins and beyond, with everything in between. Summarizes the careers of important personalities in the field. Approaches the subject of UFOs from a historical perspective, arranging sightings by date.
1-880090-62-7 • 8-1/2 x 11 • illus. • 398 pgs. • reg. 39.95 now \$24.95



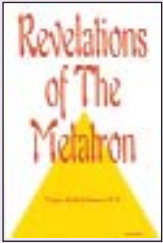


The Great Turning: Evolution at the Crossroads

by **Rennie Davis**

The Great Turning explains the root cause of sleep deprivation, emotional irritability, anxiety, and psychic pressures around the world—a vast change in the cosmic cycle from positivity and life to a negative state he calls “Contrary.” Rennie Davis, coordinator of the largest anti-war and civil rights coalition in the 1960s and one of the Chicago 7, has written a practical guide for navigating the tides of change.

1-931942-09-9 • 5-1/4 x 8 • 180 pgs. • \$12.95

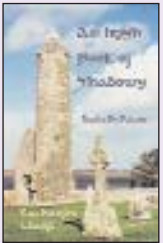


Revelations of The Metatron

by **Anonymous**

Ancient hieroglyphics written on golden columns deep in a South American mountain explain everything from Earth's prehistory to the coming of angels. Revelations of The Metatron is riveting and prophetic. Written in the style of Edgar Cayce, it contains answers to the timeless questions haunting humanity for centuries. Were angels on the Earth? How did mankind evolve?

1-880090-21-X • 6 x 9 • 224 pgs. • \$14.95

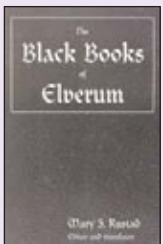


An Irish Book of Shadows: Tuatha De Danann

by **Katharine Clark**

As Wiccans and Pagans rediscover their Celtic heritage, there has been a great emergence of writings on the Irish Craft. Here are the rituals and Craft of the Tuatha De Danann Celtic Coven, the Children of Danu, and the varied aspects of the Celtic Way. Incorporates ancient myths and folklore. An Irish Book of Shadows is accessible to everyone—layperson, initiate, and elder alike.

1-880090-99-6 • 6 x 9 • illus. • 280 pgs. • \$16.95



The Black Books of Elverum

by **Mary S. Rustad**

In a dusty attic in central Norway, Mary Rustad came upon two ancient handwritten books of magic used by the common people—practical handbooks for daily concerns like stopping a toothache, retrieving stolen goods, and protecting livestock. Contains reproductions of the original, Old Norwegian pages facing the English translation. Includes an account of a 17th-century Norwegian witch trial.

1-880090-75-9 • 6 x 9 • illus. • 176 pgs. • \$14.95



Ray Buckland's Magic Cauldron

by **Ray Buckland**

Author and witchcraft maven Ray Buckland draws from his extensive experience and gives his readers advice and knowledge on everything from curing warts to the art of alchemy, magic wands, a biography of Gerald Gardner, astral projection, and knot magic. Includes never-before-seen cartoons, poetry, and drawings by Buckland—and a murder mystery solved by a Tarot reading.

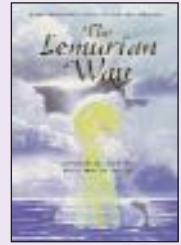
1-880090-13-9 • 6 x 9 • illus. • 308 pgs. • \$12.95

SPIRITUALITY

The Lemurian Way: Remembering Your Essential Nature

by **Lauren O. Thyme, with Sareya Orion**

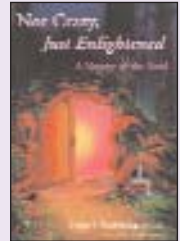
The Lemurian Way was revealed to the authors by the Elders of Lemuria, the sunken continent of the Pacific. The elders wished to perpetuate their advanced spiritual and ethical precepts. Everything from the customs of daily life to the entire sociological structure was revealed in The Lemurian Way, including mating, pregnancy, and birth; childhood; sacred sounds and sites; universal laws. 1-880090-91-0 • 6 x 9 • 208 pgs. • \$14.95



Not Crazy, Just Enlightened: A Voyage of the Soul

by **Debra J. Taubenslag, D.C.H.**

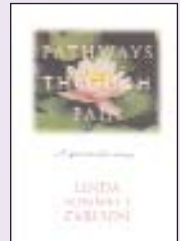
This book is a true personal account of a New Jersey hypnotherapist's spiritual awakening to God and other realities. The personal stories and past life regressions presented in this book are records of actual client sessions. Accounts include demonic possessions, ET contacts, healing energy, entity attachment and release, angels and spiritual beings, your divine plan. Foreword by Brad Steiger. 1-880090-24-4 • 5-1/2 x 8-1/2 • 224 pgs. • \$12.95



Pathways Through Pain: A Spiritual Journey

by **Linda Sonnett Carlson**

Linda Carlson faced cancer, a fire-setting child, an unfaithful husband, and worse. But not alone. Through it all, there was The Voice that comforted and advised. The Voice she denied hearing until she had no choice but to acknowledge that she was being helped by benevolent spiritual forces. With their help, she came to accept and understand her gifts, and to use them to benefit others. 1-880090-96-1 • 6 x 9 • 256 pgs. • \$16.95



Seasons of the Soul

by **Sherry Hansen Steiger**

In a world of chaos, Sherry Hansen Steiger offers a seed of hope for the disenchanting in this small but powerful devotional. Poems, inspirations, and spiritual meditations impart the author's sense of balance to readers. Through the beauty of nature, and the wisdom of sacred writings, Steiger's book is a ray of light in a world threatened by darkness.

1-880090-22-8 • 6 x 4-1/2 • illus. • 128 pgs. • \$7.95



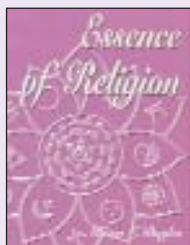
Somewhere Inside

by **Jan Motbey**

Beautifully illustrated full-color book for going within. Guided meditations under the categories of comfort, purity, faith, hope, contemplation, and compassion. Thoughts and poems presented as an inner journey. Discover the jewels you carry with you on your spiritual journey. Find your pathway as you discover the strengths within and the freedom you already possess.

1-931942-08-0 • 5 x 7 • illus. • full color • 64 pgs. • \$12.95





Essence of Religion

by Allison L. Bayles

The necessity of religion is seldom disputed, but which religion to choose? Instead of quibbling about the merits of one religion over another, Allison Bayles celebrates the inherent beauty and similarity of all religions. All have the Golden Rule. Bayles considers Christianity, Judaism, Islam, Buddhism, Hinduism, Confucianism, and Taoism and concludes that All is One.

1-880090-08-2 • 4-1/4 x 5-1/2 • 80 pgs. • \$5.95



The Holy Grail Mystery Solved: A Fully Illustrated Research Odyssey

by Frank C. Tribbe

Was the Holy Grail a cup, a stone, a platter? According to Tribbe, it was none of these things. While setting forth the history of the Grail and its literature, Tribbe demonstrates conclusively that the Grail was none other than the Shroud of Turin, protected in a rectangular box covered with a patterned cloth, a grille, surrounding a cut-out oval that displayed the face on the Shroud.

1-880090-05-8 • 6 x 9 • illus. • 216 pgs. • \$14.95



Jesus As Brother: What Christianity Owes America

by Phillip Griffin, Ph.D.

Griffin describes an evil facing modern American Christianity: Triumphalism infecting its churches, schools, political and economic institutions, and its very culture. He shows that Jesus placed his priority on mutual respect and nurturing relationships. This is a source of hope for individuals and society. Christianity owes America a vision of Jesus unobscured by triumphalism: Jesus as brother.

1-880090-90-2 • 6 x 9 • 240 pgs. • \$16.95



The Art of Balance: San-Datchi Kata

by Ambrose Loughlin

The Art of Balance is more than a martial art—it's a way of life. It offers self-control, self-defense, inner strength, self-discipline, and increased energy to its practitioners. Using explicit instructions and illustrations and providing clear description of physiological changes, Ambrose Loughlin leads you through the complete system.

1-880090-34-1 • 10 x 8 • illus. • 110 pgs. • \$14.95



Cabin Fever

by Richard E. Carter, drawings by Carolyn Kenney

Cabin Fever is the distillation of 25 years of a deep personal relationship with the soul of the Earth. While living in northern Illinois and Door County, Wisconsin, Carter began to feel the exquisite divinity of Mother Nature. He shares his personal essays, beautifully illustrated by Carolyn Kenney, describing an intimate communion with the planet that sustains us.

1-880090-20-1 • 6 x 9 • illus. • 192 pgs. • \$12.95

Darkness Is Light Enough

Mystery and Enlightenment at Lake Geneva, Wisconsin

by **Gerald R. Lishka**

A young boy discovers a force of cosmic consciousness at a place of power in the serene waters of Lake Geneva, Wisconsin. The encounter changes his life forever. Years later, he embarks on a quest to find out what happened to him there and what it means. Lishka's journey leads him into many aspects of metaphysics.

1-880090-28-7 • 6 x 9 • illus. • 224 pgs. • \$14.95



Enjoy Your Own Funeral: And Live a Happy Forever

by **George W. Meek**

When George W. Meek's wife died after a long illness, he discovered that it was not the end of their relationship. Jeannette not only attended her own funeral, but contacted him from the spirit world. Here is scientific proof that you live on after the death of your body. Meek gives you a mountain of logical arguments and experimental, scientific proof of life after death.

1-880090-85-6 • 6 x 9 • illus. • 322 pgs. • \$16.95



Jenny: A Father's Story

by **Gerald R. Lishka**

Losing a child is the worst pain a parent can ever feel. Gerald Lishka recounts the poignant story of a father's loss of his child as well as the transformation and triumph of life over death, of spirit over body. A powerful and moving tale, Jenny is rich with love, understanding, and inspiration destined to change lives. The author faces the challenges of raising a child with severe physical handicaps.

1-880090-38-4 • 6 x 9 • illus. • 256 pgs. • \$16.95

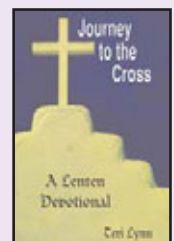


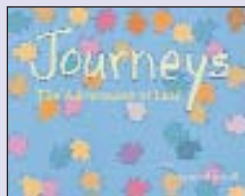
Journey to the Cross: A Lenten Devotional

by **Teri Lynn Johnson**

Lent, the 40 days before Easter, is a sacred and joyous time. It is a season of self-sacrifice and reflection. Poetically written, this spiritually inspired book offers relevant Bible verses, devotional prayers, and thoughtful commentary to illuminate the Lenten journey. It may be used as a daily devotional or as a reference all through the year.

1-880090-71-6 • 6 x 9 • illus. • 112 pgs. • \$12.95





Journeys: The Adventures of Leaf (Ages 8 and up)
by Louann Carroll

Follow Leaf as she leaves her tree and tumbles from adventure to adventure while learning about life, courage, and friendship. More than a children's book, Journeys explores spirit, rebirth, finding your own path, and seeing the beautiful inner being residing in us all. Illustrated by seventh graders, Journeys is an inspiring story for children of all ages.

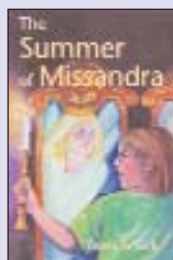
1-880090-03-1 • 10 x 7 • illus. • 60 pgs. • \$9.95



The Lesson of Moogoo-Maagooville (Ages 3-10)
by Karen Jensen, Illustrated by George Ostroushko

Greed and bigotry are destroying the villages of Moogoo and Maagooville and the juice factory they both must share. Can Zak and Leroy heal the rift? Filled with colorful creatures, Dr. Seuss-like rhyme and art, this book shows the necessity of acceptance. Here is a story both you and your child can enjoy while learning the valuable lesson of tolerance.

1-880090-49-X • 11 x 8-1/2 • full color • 32 pgs. • hardcover • \$16.95



The Summer of Missandra (Ages 9-12)
by Doris Schick

While exploring her new home, lonely pre-teen Missandra finds a secret stairway leading to a "magic room" that takes her to other dimensions. There she meets two very special friends who, with the help of a sorcerer and a music box, lead her into exciting adventures and other worlds, and battles with pirates and hags. Missandra finds friendship, identity, and strength of character.

1-880090-35-X • 5-1/4 x 8 • illus. • 224 pgs. • \$12.95



Sailing Through the Storm: To the Ocean of Peace (Ages 4-8)
by Edie Julik

Written to help children deal with violence and abuse. Like A Child's Journey Through Divorce, it's an interactive tool, helping children articulate their feelings about violence they may have experienced. The book also includes discussion questions to aid parents in helping their children follow the River of Love and Caring to find the Ocean of Peace.

1-880090-70-8 • 11 x 8-1/2 • color • 40 pgs. • hardcover •



Sailing Through the Storm: (Ages 4-8)
A Child's Journey Through Divorce
by Edie Julik

Sailing Through the Storm uses the metaphor of a little sailboat sailing through the storm of divorce. It is an excellent interactive tool to help children express their feelings about the pain and confusion they can experience during this turbulent event.

0-9642223-0-2 • 11 x 8-1/2 • color • 28 pgs. • softcover • \$8.95

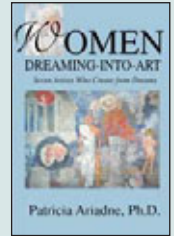
Women Dreaming-Into-Art

Seven Artists Who Create From Dreams

by **Patricia Ariadne, Ph.D.**

Seven renowned women artists who translate the “living material” of their dreams into literature, art, dance, music, and other modes of expression. In doing so, they are articulating new symbolic images of great value and importance in understanding both the creativity and spirituality of women as well as the changes they are making in society.

1-880090-69-4 • 6 x 9 • **illus.** • **color plates** • 198 pgs. • \$19.95

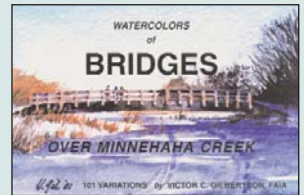
**Watercolors of Bridges Over Minnehaha Creek:**

101 Variations

by **Victor C. Gilbertson, FAIA**

Noted architect Victor Gilbertson set out to make watercolor paintings of all 101 bridges over Minnehaha Creek in Minneapolis and its suburbs. The result is this collection of lovely, lifelike paintings emphasizing architectural features and flora. Includes maps and helpful commentary for every bridge.

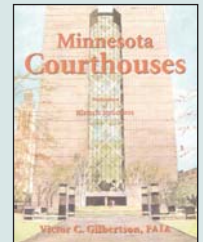
1-880090-06-6 • 9-3/4 x 6-3/4 • **full color illus.** • 136 pgs. • \$19.95

**Minnesota Courthouses:** Watercolors of Historic Structures

by **Victor C. Gilbertson, FAIA**

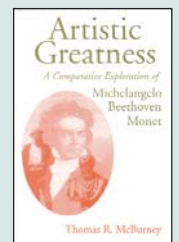
There's good reason that nearly one-half of Minnesota's courthouses are on the National Register of Historic Places. Victor Gilbertson's sublime watercolors illuminates the uniqueness of these historic buildings. With accompanying text highlighting the history of these structures, Minnesota Courthouses is an essential resource for everyone interested in Minnesota's architecture.

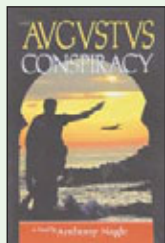
1-931942-21-8 • 8-7/8 x 11-1/4 • **hardcover** • **color** • 192 pgs. • \$29.95

**Artistic Greatness:** A Comparative Exploration of Michelangelo, Beethoven, Monet

by **Thomas R. McBurney**

Why are some artists and musicians held up as Great while others are merely considered good? Artistic Greatness examines the intimate details of the lives of three of the world's greatest artistic geniuses to provide an answer. What did these men have in common? Part history, part biography, and part sociological chronicle, Artistic Greatness is a work of art in itself. Contains personal letters.





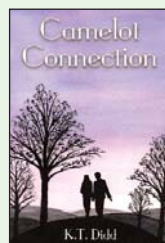
The Augustus Conspiracy

Adventure

by **Anthony Nagle**

Experience a tale that begins with ancient intrigue, becomes involved with the machinations of Hitler, and culminates in today's struggle between good and evil. The cast of characters includes terrorists in Afghanistan and Mafia dons in Sicily. This is a story about power and how Hannibal's gold from millennia past drives the lives of all the characters.

1-931942-06-4 • 6 x 9 • 288 pgs. • \$14.95



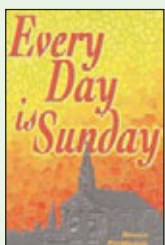
Camelot Connection

Romance

by **K. T. Didd**

Physician Lance Hemsworth returns to his childhood hometown to get his life back together after World War II. Once home, he tries to help young Gwendolyn, a chronic stutterer. He never expected to become her shining knight. Camelot Connection is an unusual romance filled with difficulties, frustrations, and injustice, all overcome with joy. You'll be charmed!

1-931942-17-X • 6 x 9 • 216 pgs. • \$12.95



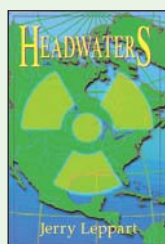
Every Day Is Sunday

Religion/Romance

by **Bruce Ferguson**

A young minister, receiving his first parish in a rural town in New England, struggles to reconcile his inner callings with the expectations of his new community. Every Day is Sunday looks into the tribulations of everyday people and those charged to help them. Discerning and perceptive, this book is an exploration of the hope and anguish of a clergyman with his first church.

1-880090-43-0 • 5-1/4 x 8 • 208 pgs. • \$14.95



Headwaters

Crime/Adventure

by **Jerry Leppard**

What's worse than a terrorist with nuclear weapons? A terrorist with nuclear waste. A brilliant surgeon becomes a terrorist threatening the very existence of America. Too clever to bomb or hijack, he turns to something even more devastating: nuclear waste in the nation's water supply. Full of twists, turns, heart-stopping scenes, this page-turner will leave you asking for more!

1-880090-66-X • 6 x 9 • 256 pgs. • \$14.95



Pest Control

Crime

by **Jerry Leppard**

Someone is killing attorneys in Minnesota. At each crime scene is a business card bearing the words "Pest Control" and the numerals, II, VI, 4, 2. The killer uses a variety of techniques with military precision—a real assassin. And it's up to Native American detective Billy "Two Bears" Simpson to find him!

1-880090-95-3 • 6 x 9 • 272 pgs. • \$14.95

The Unknown Witches of Oz: Locasta & the Three Adeptes Fantasy
by David Hardenbrook

Locasta is the Good Witch of the North. When she is forced from Oz by the evil Mombi, she enlists the aid of young Dan to return home. There she finds the evil Nome King, a Genie, and the demons of Whaqoland planning to conquer her beloved home. Join Locasta, Glinda, Princess Ozma, and Dan for this thrilling adventure in the merry old land of Oz.

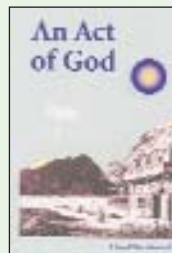
1-880090-23-6 • 6 x 9 • illus. • 240 pgs. • \$19.95



An Act of God Science Fiction
by Lloyd Hornbostel

Time: Tomorrow. Place: Earth. Problem: Sunlight...it's dimming! Snows are falling on the tropical rain forests. Florida is buried under heavy blankets of snow. Join Warren and Lynn as they fight for survival—and redemption. More than a science fiction doomsday prediction, *An Act of God* is a unique tale of global winter and an exciting journey into the strength of the human spirit.

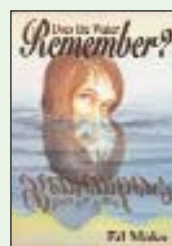
1-880090-33-3 • 5-1/2 x 8-1/2 • 192 pgs. • \$12.95



Does the Water Remember? Fantasy
by Ed Mako

Alph and Natalie are complete strangers transported from their safe suburban lives to the world of Naralandra. They must learn to cooperate in order to survive the hostile inhabitants and strange animals they find there. And then there is The Ancient Legend. Will they fulfill the destiny thrust upon them or defy the roles they've been forced to play? Some Adult Content.

1-880090-74-0 • 6 x 9 • 448 pgs. • reg. \$24.95 now \$19.95



Doria Romance
by Irene Parsons

When Maia rents the unusual, Greek-styled house known as Doria, her life begins to feel like a Greek myth. A boy living on the grounds reminds her of Hermes. Her encounters with the odd locals lead her to think that Doria may not be the idyllic getaway she had hoped for. Will Maia find the peace she desperately seeks or will she yield to madness?

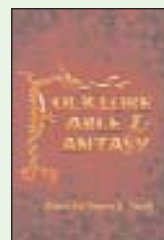
1-880090-73-2 • 6 x 9 • 160 pgs. • \$14.95



Folklore, Fable & Fantasy Fantasy
edited by Steven R. Smith

Folklore, Fable & Fantasy is a collection of imaginative short stories for some dark and stormy night, shaped for the fantasy enthusiast. Delve into a world full of superstitions, gods and goddesses, and mythical creatures, from a burning ghost to the dreadful ice spider. Smith chooses a wide array of talented authors such as Patricia Telesco, Christopher Maso, and Patricia Ethelwyn Howell.

1-880090-19-8 • 6 x 9 • illus. • 288 pgs. • \$14.95



FICTION



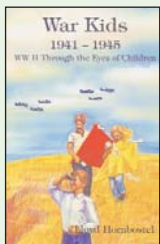
To Slay a Demon

Adventure

by **John Wayne Kennedy**

When CIA agent Mark Sharpe loses his beloved daughter to cocaine, he seeks vengeance on the South American drug cartel. Sharpe leads his small but determined band against one of the greatest empires on earth. While the story is fiction, the technology is not. *To Slay a Demon* accurately shows how current technology could be used to destroy cocaine at its source.

1-880090-97-X • 6 x 9 • illus. • 224 pgs. • \$14.95



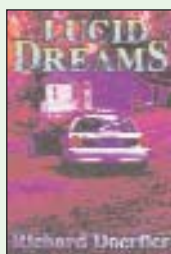
War Kids: 1941-1945: WW II Through the Eyes of Children

History

by **Lloyd Hornbostel**

“War kids grew up without parents. With our dads fighting and mothers doing all sorts of war work, we made our own way.” Based on real childhood experiences during World War II, Hornbostel recalls a lost era of innocence in the midst of international hostilities. Funny, sad, and raucous, these short stories crackle with dry Midwestern wit and vivid descriptions of rural life in the '40s.

1-880090-27-9 • 5-1/2 x 8-1/2 • illus. • 128 pgs. • \$10.95



Lucid Dreams

Crime

by **Richard Doerfler**

What if your dreams came true? What if you dreamt your own murder? David Sanders must convince his nurse Jill and her brother Luke of his “gift” in time to stop a murderous nightmare from becoming reality. Police officer Richard Doerfler spins a web of mystery and intrigue in this gripping tale of a boy trying to save himself from a seemingly inevitable fate and an abusive father.

1-880090-68-6 • mass mkt pb • 224 pgs. • \$5.95



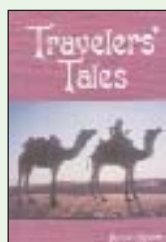
To Follow the Moon

Wicca

by **Kaia Svien**

Can Fiona and other persecuted pagan women of 17th-century England find freedom and safety in the New World? Or will Preacher Denton ruin their plans? The three friends must learn how to gain wisdom by following the Moon through its cycles. This coming-of-age book simmers with romance and mystery as the diverse crew voyages across the Atlantic.

1-880090-82-1 • 6 x 9 • 224 pgs. \$10.95



Travelers' Tales

Short Stories

by **Michael Newton**

A modern aviator crashes in the Sahara only to find himself in the middle of World War II. A connoisseur of classic Japanese culture finds a priceless artifact in the midst of modernization. Space travelers in the far future discover the diary of the last man on Earth. Nine engrossing and poignant tales based on family remembrances and told by the author of *Journey of Souls* and *Destiny of Souls*.

1-931942-02-1 6 x 9 188 pgs. \$10.95

The Childhood of Sherlock Holmes: The Butler's Tale Fictional Biography

by **Mona Morstein**

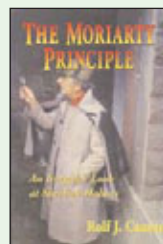
A butler who shared years of employment with the Holmes family draws a clear portrait of Sherlock as a child. Read about Sherlock's precocious and unsettling older brother Mycroft. Revealed at last is the whole dysfunctional household that shaped the character of the great detective. We are enabled to interpret Holmes' personality traits in a more sympathetic and lucid manner.



The Moriarty Principle: An Irregular Look at Sherlock Holmes Mystery
by **Rolf J. Canton**

From the annals of the Norwegian Explorers of Minnesota comes a most unusual collection of essays, poems, and dramas illuminating the lives of Holmes's and his archenemy Moriarty. Essays explore Holmes' birthday, Moriarty as archetype, trivia, famous duos presaging Holmes and Watson, more. A look into the Minnesota scion of the world-renowned Baker Street Irregulars.

1-880090-46-5 • 6 x 9 • illus. • 272 pgs. • \$19.95



The Pipe Dream Continues: Mystery
An Improper Look at Sherlock Holmes in Minnesota
by **Rolf J. Canton**

This one-hour video docu-drama recounts Holmes's deadly encounter with Professor Moriarty at Minnesota's Reichenbach Falls! With conversations and encounters of Holmes, Watson, this video salutes the 50th Anniversary of the Norwegian Explorers, Minnesota's chapter of the Baker Street Irregulars.

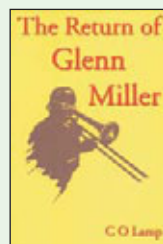
VHS Only • 60 minutes • \$9.95



The Return of Glenn Miller Suspense/Romance
by **C O Lamp**

Clarinda, Iowa, birthplace of the legendary bandleader Glenn Miller, looked like a ripe plum ready to be picked to newcomer Alex Barca. He just knew the abandoned radio station would be ideal to feature Miller's music...and to line his own pockets. But Barca hadn't reckoned with the town that gave Glenn Miller his values and the good people who lived there.

1-880090-84-8 • 6 x 9 • 256 pgs. • \$14.95



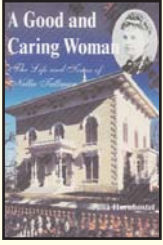
Southern Cross Civil War
by **Madeline Montgomery Dale**

In a war-torn America, the Confederate South desperately tries to hold its own against the stronger forces of the North. Throughout this bitter time, the Crossways family struggles to survive in a country ravaged by war and confused by blurred social and moral issues. Based on actual events in the lives of the author's grandparents during the conflict deemed the bloodiest of all American wars.

1-880090-61-9 • 6 x 9 • hardcover • 256 pgs. • \$24.95

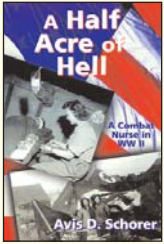


HISTORY



A Good and Caring Woman: The Life and Times of Nellie Tallman
by **Julia Hornbostel**

In Janesville, Wisconsin, stands a Victorian house that once hosted visitors such as Abraham Lincoln. This was the home of Francis Cornelia Norton Tallman in the years between the Civil War and World War I. Using Tallman's diaries, Historian Julia Hornbostel paints a picture of a vivacious time in American history. Follow Francis Tallman's charity work and social calendar day by day.
1-880090-30-9 • 6 x 9 • photos • 272 pgs. • \$16.95



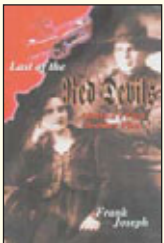
A Half Acre of Hell: A Combat Nurse in WW II
by **Avis D. Schorer**

Lt. Avis Schorer (nee Dagit) served with an evacuation hospital in North Africa and Italy. Heartache, loneliness, and danger were constant companions while caring for the severely wounded. Schorer and 25 others were the first to land on the Anzio beachhead. Constantly bombarded by German shells and bombs, the hospital on the beach was soon dubbed "Hell's Half Acre."
1-880090-94-5 • 6 x 9 • illus. • 272 pgs. • \$16.95



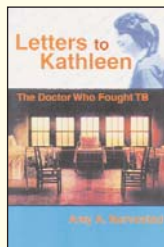
Journey to Excellence: Development of the Military and VA Blind Rehabilitation Programs in the 20th Century
by **Stephen Miyagawa**

Journey to Excellence describes the history, development, and progress of military rehabilitation programs for the blind. A blinded veteran himself, Miyagawa adds heartrending yet uplifting personal accounts from those men who had lost the gift of sight while in service to America in WW II.
1-880090-76-7 • 7 x 10 • illus. • 288 pgs. • hardcover • \$39.95



Last of the Red Devils: America's First Bomber Pilot
by **Frank Joseph**

Sit in an open cockpit, wind in your face, and fly over enemy territory in the flimsiest of aircraft. Experience the joy, love, pathos, and tragedy of World War I as seen through the eyes of a young American in France at war. World War I's last bomber pilot, Lt. Edward Lindsay, revealed the intimate details and drama of life with the 96th Aero Squadron.
1-880090-09-0 • 6 x 9 • illus. • 180 pgs. • \$12.95



Letters to Kathleen: The Doctor Who Fought TB
by **Amy A. Narvestad**

Dr. Kathleen Boyt Smith Jordan was a legendary warrior in her lifelong battle against tuberculosis in Minnesota. She is credited with testing and treating over two million children and adults for this deadly disease. Told mainly through the letters she wrote and received, her story is one of dedication and perseverance, fighting TB at ground level with education, isolation, and surgery.
1-880090-54-6 • 6 x 9 • photos • 382 pgs. • \$19.95

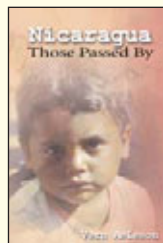
HISTORY

Nicaragua: Those Passed By

by Vern Asleson

From 1979 through 1990, thousands of Nicaraguans were murdered, imprisoned, and tortured for their politics. Entire families were uprooted, losing all their possessions and driven to refugee camps in a nation not their own. Sixteen victims of the repressive Sandinistas speak out about life under this brutal Communist regime, where neither property nor life was respected.

1-931942-16-1 • 6 x 9 • illus. • 254 pgs. • \$14.95

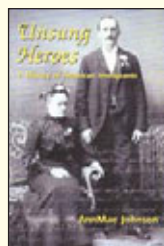


Unsung Heroes: A History of American Immigrants

by AnnMae Johnson

This is the true story of several European families who came to our country in the late 19th century. These hardy pioneers settled a rural community in southwestern Minnesota. They courageously faced the hardships and demands of their daily lives with perseverance and faith. Now we can gain a better appreciation of those unsung heroes who made the American Midwest what it is.

1-880090-98-8 • 6 x 9 • 192 pgs. • \$12.95

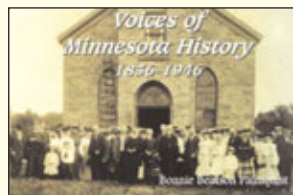


Voices of Minnesota History 1836-1946

by Bonnie Beatson Palmquist

Bonnie Palmquist uses letters, diaries, and journal entries from Minnesota history as the basis for evocative poetry. It is poignant, heartwarming, and always affecting. From the Seminole wars to World War II, her work transports the reader back to a time when life could be incredibly difficult and often heartrending.

1-880090-88-0 • 9 x 6 • illus. • 168 pgs. • \$12.95



Dear Harriett: Letters From a WW II Marine in the Pacific

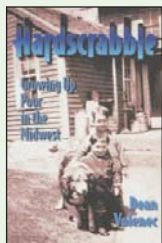
by G.F. Jerry Walsh

Told through actual letters sent to his girl waiting at home, Dear Harriett chronicles the life of a Marine during the turbulent times of World War II. It details the horror, glory, and anguish of the war fought in the Pacific. A historical treasure, Dear Harriett is an unadulterated look into the heart of a valiant soldier trying to survive in a world gripped by the madness of war.

1-880090-26-0 • 6 x 9 • illus. • 224 pgs. • \$16.95



PERSONAL HISTORIES



Hardscrabble: Growing Up Poor in the Midwest

by Dean Volenec

Dean Volenec takes us back to a simpler time; a time without radio, television, electricity, or indoor plumbing, and a time also full of love and laughter amid the troubles of the Depression. From a small, rural Wisconsin farm comes the true story of conscientious, hard-working people living at a time that tried even the hardest of souls, who survived with values and sense of humor intact.

1-880090-65-1 • 5-1/4 x 8 • illus. • 224 pgs. • \$14.95



Reconnections

by Mary Bradford Clark

Reconnections details the reunion of the author with a daughter she had given up for adoption. An adopted child herself, Clark had been reunited with her own birth mother. She was ecstatic when long-lost daughter Kathy tracked her down and gave her a call. Reconnections, written with the love and support of her daughter, shows how a mother can find a daughter and herself.

1-880090-87-2 • 6 x 9 • 128 pgs. • \$12.95

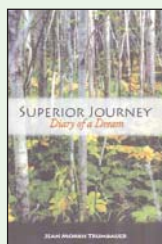


Songs Unsung

by Elizabeth A. Long

Elizabeth Long's life was a living hell. From the depths of personal degradation, a murderous marriage, the death of a daughter, and much abuse, this Oklahoma Native American woman struggled to reclaim her very reason for living. She found that the only way out of a life of alcohol, casual sex, drugs, violence, and suicide, was up—to a master's degree, martial arts black belt, and pilot's license.

1-880090-37-6 • 5 x 7 • photos • 224 pgs. • \$16.95

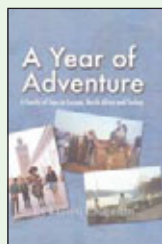


Superior Journey: Diary of a Dream

by Jean Morris Trumbauer

Jean Trumbauer was approaching her 50th birthday when she chose to challenge herself and reclaim her life. She and her dog Kody would backpack the 200-mile Superior Hiking Trail in Northern Minnesota. Travel with them as they hit the trail to face unpredictable weather, wild animals—and inexpressible beauty and wonder in the adventure of a lifetime.

1-931942-19-6 • 6 x 9 • 236 pgs. • color photos • \$16.95



A Year of Adventure: A Family of Four in Europe, North Africa, and Turkey

by Everett Chapman

From 1968 through 1969, the Chapman family took an amazing 36,500-mile camping trip through Europe and North Africa in a Volkswagen bus. Along the way they spend a night listening to the gunfire of East Berlin, cope with strangling bureaucracy in Algeria, travel unmolested through Eastern Europe (then behind the Iron Curtain), and visit hundreds of beautiful and renowned sites.

PERSONAL HISTORIES

Did I Miss Anything? Memoirs of a Soap Opera Star by Terry O'Sullivan

What goes on behind the scenes of a soap opera? Terry O'Sullivan, the charming former star of *Search for Tomorrow*, shares anecdotes, secrets, and revealing stories of film stars from his days on this popular show. He tells what it was like in the early days of the soap opera world, with personal stories of love, heartache, six marriages, and a rollicking life on the small screen.

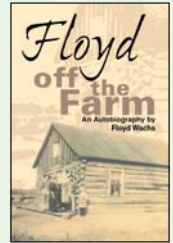
1-880090-56-2 • 6 x 9 • illus. • 256 pgs. • \$16.95



Floyd off the Farm: An Autobiography by Floyd Wachs

Imagine having to sleep in a chicken coop in the Minnesota winter. Floyd Wachs didn't have to imagine it, he lived it. Wachs grew up on a hardscrabble farm in a rural area of northern Minnesota, but he never imagined he would become a successful Sears Roebuck executive. *Floyd off the Farm* is his delightful account of rising from humble beginnings to unexpected success.

1-931942-15-3 • 6 x 9 • illus. • 318 pgs. • \$14.95

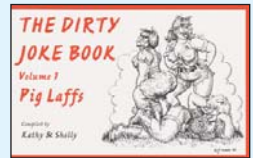


HUMOR

The Dirty Joke Book: Volume 1: Pig Laffs compiled by Kathy & Shelly, cover by R. Crumb

Kathy and Shelly bring you this collection of one-off jokes from all around the world. Inside are side-splittingly funny farm jokes, laugh-out-loud one liners, and politically incorrect jokes that make even the straightest stiff crack a smile. Not too off-color, but definitely not for children. And, yes, the cover is a Robert Crumb exclusive!

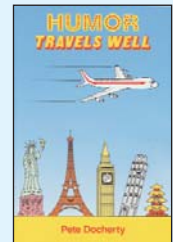
1-880090-64-3 • 8 x 5-1/4 • 144 pgs. • \$12.95



Humor Travels Well by Pete Docherty

Join travel incentive guide Pete Docherty on his outrageous adventures—in Southeast Asia, where he's an unwilling guest of honor at a human cremation; in Spain with a suspended grand piano; in a sheik's tent where he is forced, out of courtesy, to swallow a sheep's eye; in Africa, where actor William Holden presents him with a special gift. He finds that humor is the universal language.

1-880090-00-7 • 5-1/4 x 8 • illus. • 192 pgs. • \$9.95



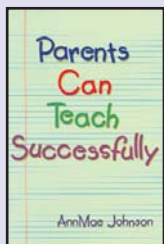
99 Surefire Ways to Stay Unemployed by Mike Davis

Using cartoons and anecdotes, job counselor Mike Davis illustrates how people sabotage their own efforts to find and keep a job. From the ever-popular "That's not in my job description," to the never-ending wait for the perfect job, this funny and insightful book highlights the well-worn excuses and attitudes that keep the novice unemployed.

1-880090-53-8 • 8 x 5-1/4 • illus. • 144 pgs. • \$12.95



EDUCATION



Parents Can Teach Successfully:

A Guide to Help Parents Teach Their Elementary-Age Children

by **AnnMae Johnson**

Here are practical methods to achieve outcomes that are not taught at school, and to reinforce and clarify those that are. The standard academic subjects have been separated into chapters to make this book a well-organized, easy-to-use guide for whatever method of learning your family chooses.

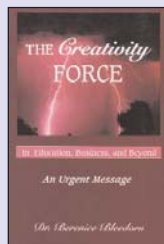
1-880090-77-5 • 6 x 9 • illus. • 256 pgs. • \$14.95



Parents Shape School Success: A Guide for Parents of Elementary Students

by **AnnMae Johnson**

Elementary teacher AnnMae Johnson offers parents a way to prepare their children to survive and thrive in a highly technical society. Parents Shape School Success includes individual learning plans and tips on delegating various responsibilities to children, parents, and teachers. In a world of constant change, this book is an invaluable tool for parents.



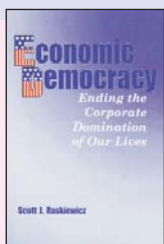
The Creativity Force in Education, Business, and Beyond

by **Berenice Bleedorn, Ph.D.**

A professional educator explores how creativity can and should be used in education and business. The Creativity Force calls for educational reform to include more individualistic, humanistic, and qualitative ideals, and to do so without sacrificing standards. This comprehensive book is a must-read for scholars, creative people, and everyone in education and business.

1-880090-57-0 • 6 x 9 • 256 pgs. • \$19.95

SOCIETY

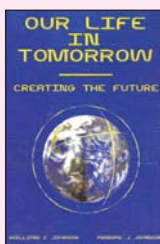


Economic Democracy: Ending the Corporate Domination of Our Lives

by **Scott J. Raskiewicz**

Corporate economics provides unimaginable wealth and power to a privileged few while degrading our families, communities, and spiritual life. The solution to this problem is Economic Democracy! It allows all Americans the opportunity to explore their full potential as loving, multi-talented human beings, free of the insecurity and mindless distractions that define our lives.

1-880090-29-5 • 6 x 9 • 206 pgs. • \$14.95



Our Life in Tomorrow: Creating the Future

by **William C. Johnson & AnnMae J. Johnson**

Do you feel optimistic about the future? Our Life in Tomorrow offers a fast-moving view of the many upcoming possibilities in technology, the environment, health, medicine, education, and family life. Read about what is likely to happen with technology, business, environment, health, and the future you can choose. Then take the steps you need to achieve your optimum future.

1-880090-81-3 • 6 x 9 • illus. • 288 pgs. • \$16.95

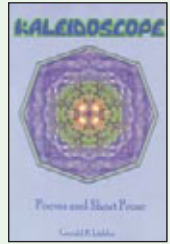
POETRY

Kaleidoscope: Poems and Short Prose

by **Gerald R. Lishka**

Lishka's poetry comes in astonishing diversity; ranging from soaring mysticism to the darker side of human nature, from serious to humorous to the satirical. Kaleidoscope is a unique and impressive collection of verse exploring rhythm, sound, and form to speak eloquently to the reader's heart and soul. Lishka's background as a musician and artist combine to bring profound ideas to life.

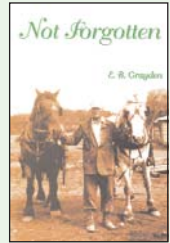
1-931942-00-5 • 6 x 9 • 260 pgs. • \$12.95



Not Forgotten

by **E. B. Grayden**

Poet Ed Grayden remembers "the wonder of it all" in Not Forgotten. Readers will be moved by the vivid renderings of his childhood on the family farm in northern Minnesota. Poems about war, about death and grief, about family, about age, and about other things. A heartfelt memoir intermingled with joy and laughter, the very real people who inhabit these poems will not be forgotten.

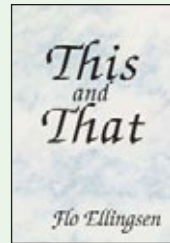


This and That

by **Flo Ellingsen**

This and That is a collection of lyric poetry and drawings by Flo Ellingsen that are both touching and inspirational, simple, yet profound. These 70 poems, written in joy and pleasure, are drawn from the Ellingsen's life experiences, and reflect a love of the outdoors and the wonders of nature. Poems include "Eighty-three," "Visions of the Night," "A Miracle of the Street," "Mountains."

1-880090-01-5 • 6 x 9 • illus. • 134 pgs. • \$12.95



Time Frame

by **Bonnie Beatson Palmquist**

The author of Voices of Minnesota History 1836-1946 (see page 5) has produced a new volume of poetry. Categories include "Time Frame," "One With All," "Looking Down the Road," and "Tender the Words." Many of the poems invoke the past, both personal and historical, ranging from nostalgia and lament to celebration and hope.

1-931942-10-2 • 9 x 6 • 162 pgs. • \$12.95

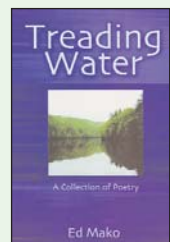


Treading Water: A Collection of Poetry

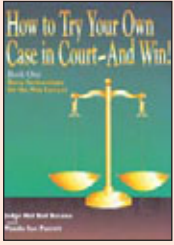
by **Ed Mako**

In Treading Water, the poet speaks to the child in us who never ceases to question the unending mysteries of the universe. In his poems of love and human longing and life's wonderment, Mako presents the reader with avenues to explore our own feelings about who we are, where we came from, and why we are here in this fascinating world. Includes "It's the Child Who Writes the Poems."

1-931942-11-0 • 6 x 9 • 124 pgs. • \$11.95



LAW & CRIME

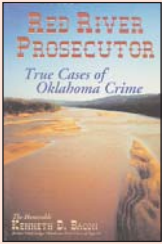


How to Try Your Own Case in Court—and Win!

by **Hon. Mel Red Recana with Wanda Sue Parrott**

Written for the layman, this easy-to-understood book is the key to a successful day in court. It leads you from the basics of preparing a case to the advanced skills necessary for shining in court. Complete with tips on organizing research and preparing evidence, this informative and practical guide will transform the courtroom novice into a judicial dynamo.

1-880090-31-7 • 8-1/2 x 11 • charts & forms • 344 pgs. • \$24.95

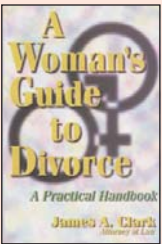


Red River Prosecutor: True Cases of Oklahoma Crime

by **Kenneth D. Bacon**

Former Oklahoma judge Ken Bacon takes you on a wild journey through the seething hellhole of “The Strip,” just across the border from Texas. Bacon tells of his hair-raising experiences with the dangerous and remorseless people that crossed his path. This stranger-than-fiction memoir will draw you in and leave you laughing and shaking your head. A lawless but exciting time.

1-880090-14-7 • 6 x 9 • illus. • 320 pgs. • \$19.95

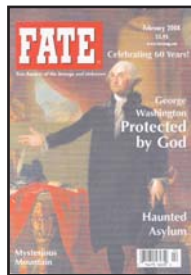


A Woman's Guide to Divorce: A Practical Handbook

by **James A. Clark**

Attorney James A. Clark offers an indispensable, practical guide for women suffering the pain of a divorce. From how to find an attorney to common-law marriage, this book covers every aspect of divorce to give its readers the advantage when D-day arrives. The guide also provides information on the grounds for divorce, residency requirements, and alimony for all 50 states.

1-880090-44-9 • 5-1/4 x 8 • 224 pgs. • \$14.95



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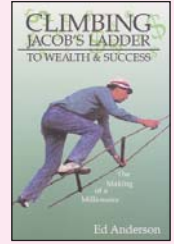
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Climbing Jacob's Ladder to Wealth and Success: The Making of a Millionaire

by **Ed Anderson**

Financial independence is a dream shared by everyone. Ed Anderson tells of his his personal quest, offering advice and insights from his own mistakes, coupled with more than a few laughs. This inspirational and motivating book shows how anyone can be a millionaire, while helping readers avoid the pitfalls that often accompany the journey up Jacob's ladder.



Culture of Corporate Citizenship:

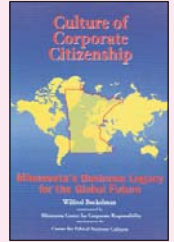
Minnesota's Business Legacy for the Global Future

by **Wilfred Bockelman**

Minnesota's Twin Cities business community is known worldwide for the citizenship and integrity of its corporations and corporate leaders. How did they do it? Bockelman provides the thought-provoking answers and guidelines.

1-880090-92-9 • 6 x 9 • 208 pgs. • softcover • \$21.95

1-880090-80-5 • 6 x 9 • 208 pgs. • hardcover • \$29.95



Mall of America: Reflections of a Virtual Community

by **Eric Nelson**

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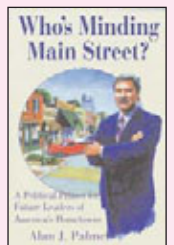
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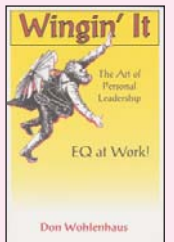


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